

Clear answers about your costs, your coverage, your options.



GENERAL PLAN DETAILS

| | |
|------------|-----|
| Deductible | \$0 |
|------------|-----|

Out-of-pocket limit

| | |
|----------|----------|
| Employee | \$6,000 |
| Family | \$12,000 |

Prescription drugs - 30-day

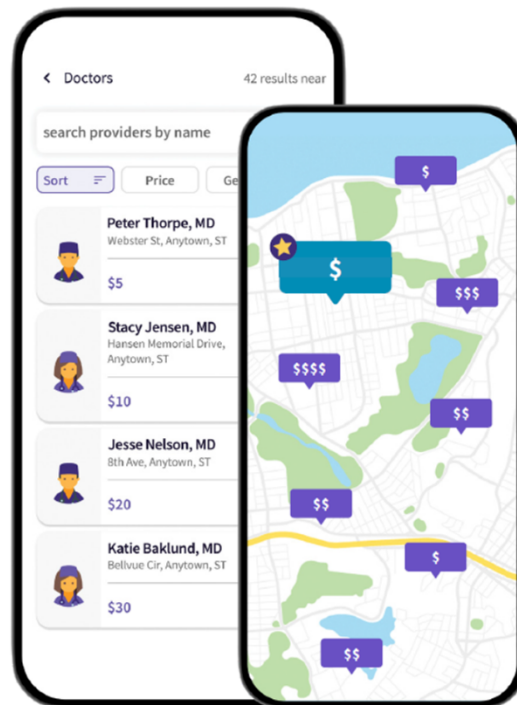
| | |
|------------------|------|
| Preventive drugs | \$0 |
| Tier 1 | \$10 |
| Tier 2 | \$35 |
| Tier 3 | \$70 |

YOUR COPAYS

| | |
|--|-------------------|
| Preventive visit | \$0 |
| Office visit | \$40 - \$140 |
| Virtual visit (primary & urgent) | \$0 |
| Virtual visit (specialty) | \$0 - \$160 |
| Mental health office visit | \$40 |
| Urgent care visit | \$80 |
| Emergency room visit | \$850 |
| Basic diagnostic lab tests, X-rays and ultrasounds | \$0 |
| Physical therapy* | \$25 - \$110 |
| Maternity labor and delivery | \$1,850 - \$3,150 |

“Everything is just **easy and affordable.** I feel in control of my health plan for the first time.”

Jaime A., Surest member



Providers, locations, and prices are fictional. Prices are representative of member copays, no deductible.



See how powerful simple can be.

To check prices or see if your doctor is in-network:

Join.Surest.com | Access code: Sheehy2024



Get started
Access code:
Sheehy2024

Online care options are part of the Surest plan.



Access to a virtual health network may help reduce out-of-pocket costs, improve outcomes, and save time and money. Search for these conditions within your employer's pre-member site, Join.Surest.com, to see how it works.



Virtual visits

Access a virtual network of licensed physicians and behavioral health specialists through Doctor On Demand. Available 24/7 on demand or by appointment, get help with colds, allergies, UTIs, prescription refills, anxiety, stress and more.¹



Second-opinion services

2nd.MD provides access to top medical experts for second opinions. Not sure you need that surgery or have questions about a treatment? 2nd.MD can help.³



Digital programs for back, neck or joint pain

Help manage aches and pains through the Kaia Health app. Learn targeted movement therapy, relieve tension through custom mind-body relaxation techniques and work with a dedicated health coach.¹¹



Quality vs. quantity

It may be helpful to know how the Surest plan assigns prices to health services. Prices (sometimes called copayments or copays) are low for what we consider higher-value options, such as those based on quality, efficiency and overall effectiveness of care. **When you check prices before seeking or scheduling care—you have the power to potentially save money.**

surest.


1. Virtual visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations. 2. The information and suggestions provided on Canary Health's site are solely for informational purposes to promote improved health. They do not constitute medical advice and should not be considered a substitute for proper medical care provided by a physician. Canary Health assumes no responsibility for any circumstances arising out of the use, misuse, interpretation or application of any information. Always consult with your doctor for appropriate examinations, treatment, testing, and care recommendations. Do not rely on this site as a tool for self-diagnosis and/or self-treatment. Always consult your doctor before beginning a new diet program. 3. The service is not a substitute for professional medical advice, and while the service provides information and may help you to quit smoking, we cannot and do not diagnose health conditions. Always consult with a physician or other healthcare provider for personal medical attention and advice. Administrative services provided by Bind Benefits, Inc. d/b/a Surest, its affiliate United HealthCare Services, Inc., or by Bind Benefits, Inc., d/b/a Surest Administrators Services in CA. B2C_22-AI-293457_0922



All Team Members enrolled in the Surest medical plan will receive new ID cards for 2024.

Your new Surest ID card will be mailed to your address on file. Please ensure you open all mail and look for your new ID card as it will be mailed in a generic envelope.

Please make sure to provide these cards to your doctors and pharmacy beginning January 1, 2024.

| | | |
|--|--|---|
|   | | Group 12345678 Payer ID 25463 Effective Date 00/00/0000 |
| Subscriber Mia Swenson | ID number 123456789123 | Rx PHARMACY RX BIN 123456 RX PCN RX RX GRP RX Copay Variable |
| Dependents Ty Swenson Benjamin Swenson Bella Swenson | 123456789124 123456789125 123456789126 | |
| Service type Medical, Rx Care type Surest health plan Access costs Benefits.Surest.com Member Services 1-866-683-6440 | | |
| | | Deductible \$0 Out-of-pocket maximum Individual Family In-network \$4,000 \$8,000 Out-of-network \$8,000 \$16,000 |

| | | |
|---|--|--|
| <p>Claims</p> <p>Surest Payer ID 25463 Surest P.O. Box 211758 Eagan, MN 55121</p> <p>Claims will only be accepted at the above Payer ID or address.</p> | <p>Networks</p> <p>UnitedHealthcare® Choice Plus Network</p> <p>Provider Portal UHCprovider.com</p> <p>Provider Help/ Eligibility 1-844-368-6661</p> <p>PreCert 1-877-237-0006</p> | <p>Pharmacy</p> <p>Rx PHARMACY Pharmacy Name P.O. Box 123 Anytown, USA 12345-9999</p> <p>Pharmacies/ Prescribers 1-855-123-4567</p> |
| This card does not guarantee coverage. | | |